



## "I feel lonely. Can I talk to you?"

Friendship Line - (800) 971-0016

The Friendship Line is available to share a conversation with someone who cares. The Friendship Line is also a crisis intervention hotline providing around the clock crisis support services including:

- Suicide intervention
- Providing emotional support
- Elder abuse prevention and counseling
- Giving well-being checks
- Grief support through assistance and reassurance
- Information and referrals

Institute on Aging's 24-hour toll-free accredited crisis line for persons aged 60 years and older, and adults living with disabilities.





**Your Guide to Aging Services in DuPage, Grundy, Kane, Kankakee, Kendall, Lake, McHenry and Will counties providing Transportation, Legal Services, Veterans Support, Counseling, Caregiver Support and so much more!**

**For More Information:  
[www.AgeGuide.org](http://www.AgeGuide.org) • (800) 528-2000**