



For Immediate Release

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Healthy, Wealthy & Wise Conference for Seniors Taking Place Friday, September 12

Illinois Attorney General Lisa Madigan to Deliver Keynote Address

NAPERVILLE, Ill. — The City of Naperville and the Naperville-Lisle Townships Triad is pleased to present the "Healthy, Wealthy & Wise" conference for area senior citizens on Friday, September 12 from 9 a.m. to noon at the Naperville Municipal Center, 400 S. Eagle St.

This informative, engaging conference is a free opportunity for independent living seniors to learn more about services available to them from experts in various fields. Illinois Attorney General Lisa Madigan will present the conference's keynote address at 9:15 a.m. in Council Chambers, followed by Attorney Linda Strohschein presenting information on estate planning and powers of attorney at 10:15 a.m. Loretto Cowhig from the Northeastern Illinois Agency on Aging will conclude the day with a presentation about Medicare at 11:30 a.m.

"As Naperville's senior population continues to grow and the 'Baby Boomer' generation ages, the City wants to connect seniors with resources in the area of health, law and independent living," Crime Prevention Specialist Julie Smith said. "This is an excellent opportunity for our seniors to hear directly from experts on matters that impact their lives and explore resources that can help them lead active, healthy, safe and independent lives."

In addition to the three speakers, more than 35 area organizations representing healthcare, safety and legal services will showcase their products and offerings to attendees in the Lower Level Meeting Rooms of the Municipal Center. Prizes will be raffled.

Walk-in registration begins at 7:30 a.m. on the day of the conference. Attendees are encouraged to arrive early; tickets to the speakers will be given out until capacity in the Council Chambers is reached.

"Part of the mission of Triad is to promote crime prevention for seniors in addition to encouraging involvement in community programs and educational seminars," Naperville-Lisle Triad chair Brian Foster said. "This conference will empower our seniors in the areas of health, the law and safety so that they can enhance their quality of life to the maximum extent possible."

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For more information on this conference, visit <u>www.naperville-lisle-triad.org</u> or contact Julie Smith at (630) 305-5450 or <u>smithju@naperville.il.us</u>.

For more information on the City of Naperville, visit www.naperville.il.us. Sign up to receive the latest news on the City of Naperville's projects and initiatives via email at www.naperville.il.us/enews.aspx. To sign up for the City's new notification system Naper Notify and receive important emergency and community information via a phone call, text message, email or smartphone app, visit www.napernotify.com.

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About Naperville: Located 28 miles west of Chicago, Naperville, Ill., is home to approximately 145,000 people. This vibrant, thriving city consistently ranks as a top community in the nation in which to live, raise children and retire. The city is home to acclaimed public and parochial schools, the best public library system in the country, an array of healthcare options and an exceptionally low crime rate. Naperville has ready access to a variety of public transportation, housing and employment options. The city's diversified employer base features high technology firms, retailers and factories, as well as small and home-based businesses. Residents also enjoy world-class parks, diverse worship options, the opportunity to serve on several City boards and commissions, a thriving downtown shopping and dining area, a renowned outdoor history museum known as Naper Settlement and an active civic community. For more information, please visit our website at www.naperville.il.us.